SIGWACA FORTNIGHTLY

"Living the Football Spirit and Our Pride"

ESWATINI FOOTBALL ASSOCIATION



"IDLALA KAMNANDZI"

ESWATINI BANK CUP OFFICIALLY LAUNCHED

- E 1.2 M for the Champions
- E175 000.00 for the Women Football Competition
- E50 000.00 for the U20 Boys Competition

FIFA CONNECT REGISTRATION SYSTEM NOW COMPALSARY FOR ALL FOOTBALL CLUBS PLAYING ORGARNISED FOOTBALL



Y'ello Players for December



EFA'S FOOTBALL DEVELOPMENT PROGRAMMES



Lloyd "Magic" Feet" Maziya's point of view on the current Sihlangu players

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UPCOMING EVENTS



Total AFCON 2021 Qualifiers

idlala kamnandzi

Eswatini Bank Cup Competition

Build it

Build it U13 National Championship

ESWATINI BANK CUP LAUNCHED IN STYLE



The PLE Chairman Mr. Peter Magagula, Eswatini Bank MD Mr. Zakhele Lukhele, Hon. Minister of sports, Culture and Youth Affairs Harris Bulunga and the EFA President Mr. Adam Mthethwa

The 17th edition of the Eswatini Bank Cup "idlala kamnadzi' was officially launched by the Honourable Minister of Sports, Culture and Youth affairs Hon. Harris Bulunga in a specious event that was held at the Royal Swazi Spa Convention Centre in Ezulwini. This event was also attended by the President of the Eswatini Football Association (EFA), Mr. Adam Mthethwa, EFA Executive Committee Members, Eswatini Bank Board Members and Management just to mention but a few. The Honourable Minister Harris Bulunga on behalf of His Majesty's Government acknowledged the Eswatini Bank for partnering with football over the years.

I wish to start off here today Mr. M.D., by expressing, as Government, to the Bank for once again partnering with football and this time for a historic total prize money of E 3.4 Million", Bulunga said. This is an increase of half a million Emalangeni from the previous edition. The Hon. Minister also express his delight as the bank didn't only invest on men's football but also invested on women's and youth football.



Students from St Theresa and St John High Schools entertaining during the launch

"In addition, by also continuously investing in juniors' tournament (U-20) and women's cup, the bank has aligned itself with Government's goal of making sport accessible to all members of the society, known as Sports for all", Bulunga said. As a commitment towards the development of sports in the country, the Hon. Minister highlighted that a lot of ground has been covered in as far as the Sports Bill is concerned and also the rehabilitation of the Somhlolo National Stadium is one of the priorities of the Ministry. The Honourable Minister also acknowledged all stakeholders involved in making the Eswatini Bank Cup to be a memorable competition and also asked the football teams to compete in the spirit of fair play.

EFA ACKNOWLEDGES ESWATINI BANK



The EFA President, Mr Adam Mthethwa

The football family has acknowledged the Eswatini Bank for growing with football. This was stated by the President of the EFA, Mr. Adam Mthethwa. "As football family, we would like to advance, in special standing, our profound gratitude to Eswatini Bank for the now traditional competition in our annual datebook; the Eswatini Bank Cup. 17 years of partnership and religious investment to the development of the game of football is indeed humbling and deserving a special impression", Mthethwa said.

More credit was also given to the bank for the continuous investment towards the development of women football in the country. "We are very ecstatic at the increased investment to women football, a gesture surely, that will be a great driver to increase the number and attractiveness of the women's football game", Mthethwa said.

U20 IDLALA KAMNANDZI CHAMPIONS TO BANK E50 000.00

The U20 Eswatini Bank Cup was officially launched at the banks Auditorium in Mbabane in an event that was attended by the President of the Eswatini Football Association (EFA) Mr. Adam Mthethwa, the Managing Director of Eswatini Bank Mr. Zakhele Lukhele, Chairman of the Premier League of Eswatini (PLE) Mr Peter Magagula, Chairman of the EFA's Competitions Committee Mr. Johannes Siboza and the Chairman of the Youth Committee Mr Sonnyboy Mabuza to mention but a few. This year's edition marks the 7th anniversary of the U20 Eswatini Bank Cup. The total sponsorship for the 'Idlala Kamnandzi U20 edition is E250 000.00 which shows an increment from last year's edition which was E240 000.00.



PLE Chairman, Mr. Peter Magagula, Eswatini Bank's MD, Mr. Zakhele Lukhele and EFA President, Mr. Adam Mthethwa with the U20 Eswatini Bank Tournament's replica cheque.

When addressing the gathering, the MD of Eswatini Bank highlighted the importance of youth football in the development of the sport and the nation. "Youth football is very critical in the development of the sport and the nation at large", Lukhele said. The MD also stated that football plays a great role in the socio-economic development of the country as the youth develop other skills that are very important in their future lives.
The President of the EFA Mr. Adam Mthethwa acknowledged the investment by the bank towards football development in the country. As the national football association, our main mandate is to develop football in the country of which the bank's contribution towards that is very much acknowledged and even the football's world governing body FIFA is quite aware of the bank's investment in the development of the sport in the country", Mthethwa said.
As part of football development, the President also stated that FIFA is going to invest to her members in terms of infrastructure as the football's governing body will assist her members in the construction of stadiums that will at least meet the minimum standards of a football stadium.



Eswatini Bank's MD, Mr. Zakhele Lukhele addressing the gathering next to the U20 Eswatini Bank Cup trophy.

The PLE's Chairman acknowledged the banks investment towards football development as there are over 50 players that have graduated from this competition and they are now playing elite football with others in the MTN National First Division and the Regional Super Leagues. The Chairman also stressed the importance of conduct during this competition as this is an important product of football. "Coaches ,medical personnel , players and officials must be properly dressed during this competition as image is very important as this is one of the important products of football", Magagula said.



Sihlangu SeMnikati

ESWATINI BANK CONTINUES TO INVEST IN THE DEVELOPMENT OF WOMEN'S FOOTBALL

It is yet another full package for the Eswatini Bank Cup as the bank showed its generocity to the nation through football by the continuos sponsorship to the men's, boys and woman's tornament of this important tournament in the country's football calender. Indeed the bank is growing with football in the Eswatini. This year marks the second edition of the Women's tournament and the sponsorship package is swelling which is good music to the ladies teams as the prize monies are also increasing. This year's sponsorship package is E175 000.00 which shows an increase of E25 000.00 from the inagural women's tournament.



Young Buffaloes Ladies FC

The defending champions is Young Buffaloes FC who defeated Manzini Wanderers FC in a day that turned out to be a 'mini army day' as Young Buffaloes were crowned Champions in all categories. This tournament is contributing a lot towards football development as the women's teams now competing in two competitive competitions (the League and Eswatini Bank Cup).

As the President of the Eswatini Football Association (EFA) said during the launch "Football will always be indebted to Eswatini Bank with the investment that the bank makes in football development and more especially women's football which is one of the priority area of FIFA, indeed the bank is growing with football in the country".

As to who will 'dlala kamnandzi', this will be an open secreat come April which is projected to be the month where the finals will be played.

FOCUS ON EFA'S FOOTBALL DEVELOPMENT PROGRAMMES



EFA'S Technical Director Mr. Bhekisisa Mkhonta

THE EFA'S TECHNICAL DIRECTOR ATTENDS THE CAF'S TECHNICAL DIRECTOR'S WORKSHOP

The Eswatini Football Association's (EFA's) Technical Director, Mr. Bhekisisa Mkhonta attended the Technical Director's Workshop in Morocco which commenced on Saturday, 15th and ended on Monday, 17th February 2020. "The **objectives** of this workshop were to equip the Technical Directors on how to apply the coaching courses using the CAF's Central Management System (CMS), and how to apply following the new CAF coaching convention", said Mkhonta. As part of this workshop, the Technical Director also presented their 2019 Technical Report and the 2020 activity plan.

EFA APPOINTS NEW COACHES

Following the appointment of the Senior Men's National Team's (Sihlangu's) technical bench, the Executive Committee of the Eswatini Football Association (EFA) met and reviewed the coaching staff of the other national teams. The new technical benches of the national teams are as follows:

Senior Women's National Team (Sitsebe)
Dumsani Makhanya (Head Coach)
Fisiwe Hlophe (Assistant Coach)
Bongumusa Mdluli (Physical Fitness Coach)
Nonhlanhla Sholder (Goalkeeper Coach)

U23 Men' National team
Sifiso Ntibane (Head Coach)
Clement Mdluli (Assistant Coach)
Dennis Fakudze (Physical Fitness Coach)
Bright Nxumalo (Goalkeeper Coach)

U20 Men's National Team
Velekhaya Mthethwa (Head Coach)
Sindiso Gama (Assistant Coach)
Sipho Dlamini (Physical Fitness coach)
Njabuliso Simelane (Goalkeeper Coach)

U 17 Men's National Team
Edwin Matsebula (Head Coach)
Sabelo Mnisi (Assistant Coach)
Mduduzi Nxumalo (Physical Fitness Coach)
Mphikeleli Dlamini (Goalkeeper Coach)

U15 Men's National Team
Sifiso Dlamini (Head Coach)
Xolani Sigudla(Assistant Coach)
Mduduzi Shongwe (Physical Fitness coach)
Lucky Masuku (Goalkeeper Coach)

U13 Men's National Team
Bongani Makhanya (Head Coach)
Lwazi Simelane (Assistant Coach)
Sibusiso Fakudze (Physical Fitness Coach)
Percy Shongwe (Goalkeeper Coach)

U20 Women National Team Coach
Aaron Mavimbela (Head Coach)
Simphiwe Simelane (Assistant Coach)
Ronnie Ginindza (Physical Fitness Coach)
Bongani Dladla(Goalkeeper Coach)

U17 Women National Team
Nkosinathi Lukhele (Head Coach)
Zandile Bulunga(Assistant Coach)
Christan Thwala (Physical Fitness Coach)
Artwell Dludlu (Goalkeeper Coach)

U15 Women's National Team
Gerald Shields (Head Coach)
Siphephile Mahlalela (Assistant Coach)
Best Dlamini (Physical Fitness Coach)
Nxobile Dladla (Goalkeeper Coach)

EFA WORKSHOPS FOOTBALL ADMINISRATORS

The Eswatini Football Association (EFA) conducted a football Administration Workshop that took place on Saturday, 8th February 2020 at the Technical Centre in Lobamba. This workshop was facilitated by EFA's Administration Instructors Mr. Thulani Mavuso.



EFA's Instructor Mr. Thulani Mavuso

"The purpose for this workshop was to empower the participants about the significance of effective football administration", Mavuso said. This event was targeted to football administrators who succefully completed the EFA Administration Course that was implemented in July 2019. Some of the topics that were discussed during this workshop included Club Management, Club Licensing and player registration just to mention but a few.

REGIONAL REFEREES UNDERGOES PHYSICAL FITNESS TESTS

On Sunday, 1st March 2020 the Eswatini Football Association hosted the Regional Physical Fitness Test for all category 3 and 4 referees officiating football matches under the Regional Football Associations. These are the referees who officiate in the 3rd leagues (Promotion Leagues) and below. "The objectives of these refereeing physical fitness tests are; to at least maintain the minimum physical fitness standard for the targeted referees, and also to enhance the development of these targeted referees", said Sifiso Zondo who is the EFA's Referees Manager. These physical fitness tests were held at the Prince of Wales, Simunye Stadium, Salesian Sports Ground and the Ngwane Teachers Training College respectively.



A referee in full sprint at the Prince of Wales during the Regional Referees Physical Fitness Test.

This was the first physical fitness tests to be held in this fashion as most of them were held at a national phases where mainly the focus was on the referees who officiate in the elite football. Zondo highlighted that a total of 64 referees participated in this exercise of which it wasn't bad as the awareness about the significance of every referee to be always fit was being successfully raised. "As this were the first physical fitness tests for referees officiating in the Promotional Leagues, the numbers are quite encouraging as the awareness to the referees at this level about the importance of meeting at least the minimum physical fitness level was being raised to the target audience", Zondo highlighted. A similar exercise for these referees will be implemented in October.

WOMEN JUNIOR NATIONAL TEAMS PLAYS LOCAL FRIENDLY MATCHES

Two Women National teams commenced their preparations for the upcoming international assignments by playing friendly matches against local pick teams. These national teams are the U20 and U17 Women National teams and they played against the U17 and U20 Madelezini Pick Teams respectively.



U17 Women National Team before the friendly match against the U17 Madelezini Pick Team

These matches were played on the 1st February 2020 at Tingozeni Sports Ground. The U17s will represent the country in the U17s COSAFA Women Championships to be played between the 9th – 19th April 2020 whilst the U20 Women National Team will play in the Region V Competition which will be played between the 2nd -12th December 2020. The national teams won both matches with the U17 winning by 4-0 and the U20s winning by 9-0. "The significance of both matches was to give both national teams a run and also to identify some talent from this part of the country more especially on for the U17 category", said the Technical Director of the EFA Mr. Bhekisisa Mkhonta.

EFA WORKSHOPS THE MADELEZINI WOMEN' S FOOTBALL TEAMS

As per its mandate, the Eswatini Football Association continues to develop football in the country as a women's football league has been established at the Madelezini in the northern Hhohho. A total of 12 teams are competing in this league and as a way of empowering them, the EFA facilitated a workshop for these teams.



Participants of the workshop facilitated by the EFA at Madelezini

"The major aim for this workshop was to empower these football teams about some minimum practices that is necessary for a football team to be fully functional"; said Mr. Thulani Mavuso who was one of the facilitators of this workshop. Other facilitators were Mr. Anthony Mdluli, Ms Sibongile Skaggel and Mr. Muzi Radebe. Some of the topics that were discussed included the structure of a football team, the girl child in relation to football and marketing and communications in football.

ESWATINI OFFICIALS GETS CAF ASSIGNMENTS

FOUR ESWATINI REFEREES FOR CAF ASSIGNMENT

After being accredited by the world governing body (FIFA) ,four (4) Eswatini referees had been appointed by the CAF to officiate in the upcoming Total AFCON 2021 Qualifiers. These referees are Mr.Thulani Sibandze, Mr. Zamani Simelane, Mr. Sifiso Nxumalo and Mr.Thembinkosi Dlamini. They will be the referees for the Total AFCON 2021 Qualifier match between South Africa and Sao Tome E. Principe

According to Zamani, he attest his achievement in refereeing to hard work and discipline. "For me, hard work and discipline are the key to success in as far as my refereeing career is concerned", Simelane said. He also urged other upcoming referees to work hard and be patient as they were also capable of making a mark for themselves in refereeing. Out of the 4 referees, Mr. Thulani Sibandze and Mr. Zamani Sibandze have done a lot of international assignment as they were regular features in the COSAFA, FIFA and CAF competitions.

ESWATINI MATCH COMMISSIONER TO DO DUTY FOR A TOTAL AFCON QUALIFIER MATCH

One of Eswatini's vast experienced Match Commissioner, Mr. Gilbert Dlamini will be the Match Commissioner for the upcoming Total AFCON 2021 Qualifier match between Tanzania and Tunisia. This match will be played at the Dar Es Salaam National Stadium in Tanzania.



Mr. Gilbert Dlamini

Dlamini is a regular figure in as far as international assignments are concerned as he has been a match commissioner in numerous occasions. The former referee attributed his achievements in football to hard work and dedication to his job. "My achievements in both refereeing and being a match commissioner were not easy as I had to work extra hard", he said.

LINDO MKHONTA AND XOLANI MAMBA ARE DECEMBER'S Y'ELLO PLAYERS



Lindo Mkhonta and Xolani Mamba with their player of the month awards

It was Christmas in January for Sihlangu SeMnikati and Young Buffaloes FC player, Lindo Mkhonta and Tambankulu Callies FC player Xolani Mamba as they receive their player of the month award for the month of December. Lindo Mkhonta was the best player in the MTN Premier League whilst Xolani Mamba was the best player in the MTN First Division.

Presenting these awards to the players was MTN's Senior Consumer Manager Mr. Meshack Maseko in the presence of the Premier League of Eswatini's (PLE's) Chief Operations Officer (COO) Mr. Petros Vilakati. When doing the presentation, Mr. Meshack Maseko congratulated the players for their achievements and urged other players to put more effort as the league progresses with the ultimate prize of being the player of the year still up for grabs. "On behalf of MTN Eswatini, would like to congratulate the players for their achievements and urge other players to put more effort as there are still other player of the month awards and the player of the year award up for grabs", Maseko said.

The PLE COO Mr. Petros Vilakato acknowledged MTN Eswatini for sponsoring the league and the football fans for being in their best behaviour during the PLE games. "The PLE acknowledge MTN for supporting football over the years and also the fans for their support and good behaviour during the MTN PLE matches and we urge them to continue doing so as this will make the sponsor to be happy in as far as their investment to football is concerned", Vilakati highlighted.

The players acknowledged their coaches and teammates for their achievements and promised to put more effort as the season is not over yet. "This award is a reflection of hard work and team effort of which I have to acknowledge the Young Buffaloes FC family more especially the technical team and the players as I would not achieve this by myself as their support was part of my success", Lindo Mkhonta said. "Big up to my coaches, teammates and supports as football is a team sport thus their support made it possible for me to win this award.

GETTING UP CLOSE WITH THE YESTER PLAYER



Former Sihlangu SeMnikati and Mbabane Swallows FC Mid-fielder Lloyd "Magic Feet" Maziya.

The Eswatini Football Association's Marketing and Communications Manager Muzi Radebe (MR) had a chat with former Sihlangu SeMnikati and Mbabane Swallows FC mid-fielder Lloyd "Magic feet" Maziya at the Manzini Club after he watch the U20 Eswatini Bank Cup match between his former U20 team and Mbababne Highlanders FC. Unfortunately for him, Mbabane Swallows FC was knocked out of the competition after losing by 2-0. The conversation went as follows:

MR: Good morning "Magic feet".
LM: Morning Muzi.

MR: Hard luck for the lose today.
LM: Yah. That's football; the most important thing is for them to learn something in every match as they develop in game.

MR: Lloyd, is the culture of the derby still the same as during your playing days?
LM: No my brother, it is no longer the same however, when I was still hand on in the Mbabane Swallows FC's development structure during the leadership of the late Mr. Victor Gamedze, we were trying to instill that culture back. This was very serious during our time as I remember after signing for Mbabane Swallows FC from XI Men In Flight I wore a black short on my first training session with "The Birds" and I was told to change them as the team did not will never wear a black colour.

MR: During your playing days, who was your toughest opposition?
LM: To be quite frank with you, there was none as most players were tasked to mark me not the other way round.

MR: Which match can you single out to be the most memorable one for you?
LM: Actually there were many but the 1986 BP Cup Final against Manzini Wanderers FC is the cut above the rest as I scored a screamer that won us the match. It was a thunderous shot from the 35 yards that was written goal all over it. Also, a lot of people still have fond memories about that match.

MR: What is your opinion about Sihlangu players that were recently selected by the national team Head Coach, Mr. Dominic Kunene?
LM: I cannot complain as most successful national teams
Coaches select players from the most dominating football clubs. During our playing time, Mbabane Highlanders FC was the dominating football team and most of the national team players were from them. This was the case recently when Mbabane Swallows FC was dominating and it is exactly the same thing now as the majority of the national team players are from Young Buffaloes which is the current dominating football team in the country. However, the fact that there is always one particular football team that is dominating at a certain period of time is a clear indication that something is not right in our football. This implies that lour football is not competitive enough which adversely affect the growth of our football industry as a country in many aspects which includes the development and business aspects of our game.

MR: What can be done "Magic feet"?
LM: More investment needs to be made in as far as the development programmes are concerned. In my observation some elite players lack basic skills like ball control. Aggressive development from grassroots is very important.

MR: Thank you very much Mr. Maziya for your time.
LM: You are welcomed Muzi and thanks a lot my brother.



Lloyd Maziya in action during his playing days for Mbabane Swallows FC

REGIONAL FOOTBALL DEVELOPMENT UPDATES

THREE FOOTBALL TEAMS CROWNED MILKY-MAX U13 JUNIORS

Life can only be understood backward; but it must be lived forward. Just like a mother who feeds her baby with milk, Parmalat has done so to the youngsters who participated in the U13 Milky-Max Junior Competitions. The relationship between the Hhohho regional Football Association and Parmalat is growing just like a child does when he/she is breastfeed by her mother. This is good for football development as more players are being developed from this programme. Three U13 football teams reaped their rewards after being crowned champions under the Mbabane, Lobamba and Pigg's Peak U13 juniors. These teams are Dark City FC (Mbabane), Ezulwini Aces (Lobamba) and Black Swallows FC (Piggs Peak). For their efforts, these teams won themselves E1 500.00 and a full football kit curtesy of Parmalat.



Milky- Max presenting the U13 Milky-Max Champions with their trophies and soccer kits

The sponsor through Qinisile Maphanga who is the Marketing Manager thanked the Hhohho Regional Football association (HRFA) for partnering with them and also implementing this football development programme professionally. "As Parmalat, we thank the HRFA for partnering with us as our business is also growing with the youngsters and also for implementing this programme professionally"; Maphanga said.

The Chairman of the HRFA Nigel Shongwe acknowledged Parmalat for her investment towards the development of the Eswatini Child through football as this also enhances the socio-economic development of the country. "As HRFA we thank Parmalat for this sponsorship as it goes a long way towards the development of the Eswatini child through football which counteracts the dangers of other social challenges that the children can be exposed to"; Shongwe said. He also asked the parents to allow and motivate their children to play the sport as it is now a career. "I plea with the parents to allow and motivate the children to play football as sport has become a career"; Shongwe said.

With Piggs Peak being the latest U13 competition to be sponsored by Parmalat, the sky is the limit for the youngsters of the country as the sponsor is eager to spread her wings to the other regions of the country.

TAMBANKULU CELTIC FC'S MABHANISI CROWNED THE BEST PLAYER



Mabhanisi Sibiya receiving his best player award

Tambankulu Celtics FC's defender Mabhanisi Sibiya scooped the Best Player Award after helping his side reach the final of the RSSC Siyakha U- 15 Knockout tournament. The 10 year- old was instrumental in steering his side rear-guard as he marshalled the defence with aplomb. Winning the top goal scorer award was Thandukwazi Dlamini of Brave Lions who scored a total of five goals.

The Awards Winners were as follows:

- Champions – Simunye United FC
- Runners- Up – Tambankulu Celtics FC
- Most Organized team – Tambankulu FC
- Best Player – Mabhanisi Sibiya (Tambankulu Celtics FC)
- Top Goal Scorer – Thandukwazi (Dlamini (Brave Lions FC)
- Best Goal-keeper – Wakhile Mbatha (Tambankulu Celtics FC)



Thandukwazi Dlamini receiving his top goal scorer award

EFA ACKNOWLEDGES THE HHOHHO REGIONAL FOOTBALL ASSOCIATION

The Eswatini Football Association (EFA) has acknowledged the Hhohho Regional Football Association for the perfect execution of the Hhohho Youth Football Development Programmes popularly known as "Liyasikwa Liyamila.



CEO of the EFA

This football development programme starts from the U10s up to the U19s. According to the General Secretary of the Eswatini Football Association (EFA) the Hhohho Regional Football Association's youth leagues played a vital role in the development of the EFA's activity report to FIFA.

"The Hhohho Youth Football Development Programmes were being used by the EFA when compiling reports to the Federation of International Football Association (FIFA) which made the football association to meet certain requirements by the international governing body. "As per the FIFA Forward Regulations one of the criteria for the Mother Associations (MA's) is to have a well-managed U20 or U17 competition, of which the Hhohho Regional Football Association had spot on leagues on both age categories with up to date records, thus it was more efficient to send them to FIFA" Mngomezulu said. He encouraged them to continue with the good work and also apply the same formula even on the other leagues that are being managed by them.

THE DOCTOR'S ROOM

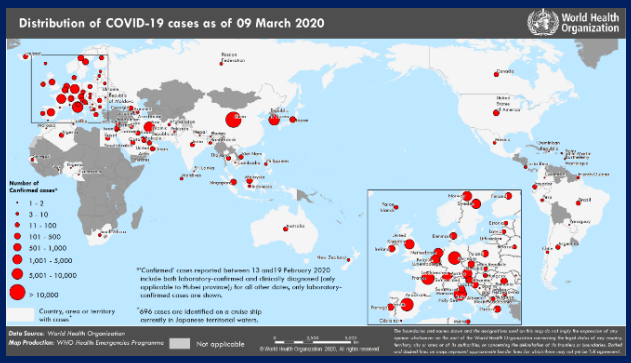


U20 National Team and Mbabane Swallows FC team doctor Samkeliso Mdluli speaks about corona virus.

CORONAVIRUS DISEASE 2019 COVID-19

Congratulations are in order for Green Mamba for winning Ingwenyama Cup. It was indeed a wonderful day graced by His Majesty the King. Today we are looking at the deadly Coronavirus
COVID-19 is an infectious disease caused by the latest discovery of the coronavirus. The new virus and disease were unknown before the outbreak in Wuhan, China, in December 2019.Coronaviruses are a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and . The World Health Organization has recently declared Covid-19 public health emergency of international concern. Over 100 countries are affected, 109 578 laboratory-confirmed cases, 3809 death, and 7 confirmed cases from South Africa according to world health organization on the 9 March.

TRANSMISSION
Person-to-person spread became the main mode of transmission. Person-to-person spread of SARS-CoV-2 is thought to occur mainly via respiratory droplets.



EVALUATION AND DIAGNOSIS

Reside in or have recently within the prior 14 days traveled to areas where community transmission has been reported. Have had recent within the prior 14 days close contact with a confirmed or suspected case of COVID-19, including through work in health care settings. Close contact includes being within approximately six feet of a patient for a prolonged period while not wearing personal protective equipment or having direct contact with infectious secretions while not wearing personal protective equipment. The possibility of COVID-19 should also be considered in patients with severe lower respiratory tract illness when an alternative etiology cannot be identified, even if there has been no clear exposure. When COVID-19 is suspected, infection control measures should be implemented, and public health officials notified.

CLINICAL FEATURES
The incubation period for COVID-19 is thought to be within 14 days following exposure, with most cases occurring approximately five days after exposure. Fever and respiratory symptoms. Pneumonia appears to be the most frequent serious manifestation of infection, characterized primarily by fever, cough, dyspnea, and bilateral infiltrates on chest imaging. dyspnea, hypoxia, gastrointestinal symptoms (eg, nausea and diarrhea) have been reported in some patients white blood cell count can vary. Leukopenia, leukocytosis, and lymphopenia have been reported, although lymphopenia appears most common Elevated aminotransferase levels have also been described. On admission, many patients with pneumonia have normal serum procalcitonin levels; however, in those requiring intensive care unit (ICU) cares, they are more likely to be elevated.

IMAGING FINDINGS
Chest computed tomography (CT) in patients with COVID-19 most commonly demonstrates ground-glass opacification with or without consolidative abnormalities.

TREATMENT OF COVID-19
No specific antiviral treatment is recommended for COVID-19. Infected patients should receive supportive care to help alleviate symptoms. Vital organ function should be supported in severe cases.

PREVENTION MEASURES:

- Wash your hands frequently. Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.
- Maintain social distancing. Maintain at least 1-meter distance between yourself and anyone who is coughing or sneezing.
- Avoid touching eyes, nose and mouth-. Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and can make you sick.
- **Practice respiratory hygiene** Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.
- **If you have fever, cough and difficulty breathing, seek medical care early.**

TRANSFER AND PLAYERS STATUS; AND THE FIFA CONNECT REGISTRATION SYSTEM WORKSHOPS

The Eswatini Football Association (EFA) is currently implementing the FIFA Connect Registration System and Regulations for the Status and Transfer of Players Workshops for the football clubs that are competing in the lower leagues of the Regional Associations (Promotional Leagues). "These are very important workshops as the EFA is introducing and empowering the lower leagues' clubs with the knowledge of utilizing the FIFA Connect Registration System; which is now compulsory for all players and clubs in conformity with the regulations of the Status and Transfer of players".said EFA's Club Licensing and Registration Manager, Ms Ntombifuthi Dlamini. She also highlighted that according to article 5 of the FIFA Statutes, these regulations states that; only electronically registered players identified with a FIFA ID will be eligible to participate in organised football. "This article therefore, implies that, for any player to be able to play organised football, he/she must be electronically registered.