



# SIGWACA FORTNIGHTLY

*"Living the Football Spirit and Our Pride"*

ESWATINI FOOTBALL ASSOCIATION

IT'S NOT ABOUT MONEY, IT'S ABOUT FOCUS-SIHLANGU'S HEAD COACH



The Senior Men's National Team Head Coach Kostadin Papic during the 2021 Total AFCON Qualifier match against Senegal at the Mavuso Sports Centre.

The Senior Men's National Team Head Coach, Kostadin Papic has highlighted that football is not about money but it's about focus and hard work in order for players to deliver good results. He made his remarks during the post-match press conference after the match against Senegal at the Mavuso Sports Centre. "I can't make movements with the team but I am trying all my best to make my players deliver what is expected from them", Papic said.

"Despite that Senegal is a strong team, Eswatini was performing very well before the rain" he said. Papic also highlighted that the players created so many chances to score goals and win the match but they failed. "Fatigue adversely affected my players. They were mentally exhausted and they thought the match was over", he said. Over and above, he stated

that for future they have to know the kind of quality players that they have and they have to work hard in order for them to reach their highest level.

**"WE NEED THIS KIND OF MATCHES TO COMPETE WITH THE BEST COUNTRIES IN THE WORLD-SIHLANGU'S HEAD COACH."**

"We need this kind of matches, to compete with the best countries in the world in order for us to see where we are standing and what kind of players we have", he added.

Eswatini lost to Senegal by 4-1.

The national team is expected to play their second leg matches of the 2021 Total AFCON Qualifier match against Senegal and Guinea-Bissau next year.

IF YOU WANT KNOWLEDGE, YOU HAVE TO GO FOR IT-EFA'S PRESIDENT



The EFA President, Mr Adam Mthethwa

The Eswatini Football Association's (EFA'S) President Mr. Adam Mthethwa has acknowledged the commitment that the team doctors have towards developing the health of football players in the country. He made his remarks during the recently complemented FIFA Football Medicine Course at the Technical Centre in Lobamba. "As football association, we believe that through such courses, you will be able to take care of the players in football more efficiently", Mthethwa said.

"If you want knowledge, you have to go for it and share that knowledge with your colleagues", he said. He further highlighted that Eswatini is hosting this course for the first time. "As football association, it is our responsibility to ensure that the health of the players is taken care of. For our clubs to have people looking after the players, we have enhanced that", he said.

**UNDER 20 MEN'S NATIONAL TEAM PREPARES FOR THE 2019 COSAFA U20 MEN'S CHAMPIONSHIP**



U20 Men's National Team warming up during one of the training sessions at the Somhlolo National Stadium.

The U20 Men's National Team Head Coach, Dominic Kunene has named a 20 men squad for the training camp that commenced Monday, 25<sup>th</sup> November 2019 at the Technical Centre in Lobamba. The U20 National Team is preparing for the upcoming 2019 COSAFA U20 Men's Championship starting on 4<sup>th</sup> to 14<sup>th</sup> December 2019 in Lusaka, Zambia. Eswatini is in group C together with Angola, Mozambique and Seychelles. The group winners of this competition and the best runner-up of the three groups qualify for the knockout phase of this competition. The U20 national team is scheduled to travel to Lusaka on Tuesday, 3<sup>rd</sup> December 2019.

**WE HAVE TO MAKE HISTORY-U20 MEN'S NATIONAL TEAM HEAD COACH**

The U20 Men's National Team Head Coach, Dominic Kunene has highlighted that they have to make history by winning this championship. "History is made by people. We have to make history and make our nation proud", Kunene said. He also highlighted that preparations are good and spirit in camp is very high. "Players are soldiers training for a war and they understand that they have to fight for the nation", he said,



U20 Men's National Team Head Coach, Dominic Kunene during the training session at Somhlolo National Stadium.

Kunene also stated that the players are both physically and psychologically ready thus they expect good performance from players. "Our opponents are very aggressive when playing football. We have to be ready for every situation and our players need physical tactics for them to have good results", he said. He also highlighted that their plan is not to concede goals. He further acknowledged Eswatini Football Association for the support that they are giving them as they prepare for this competition.

**U20 MEN'S NATIONAL TEAM PLAYERS READY TO FIGHT AND WIN THE COSAFA CHAMPIONSHIP**

The U20 Men's National Team Captain, Meshack Lushaba has highlighted that the spirit is very high in the camp and players are ready to fight for the nation. "Players are available and ready to fight for the nation in this championship", Lushaba said. He made his remarks during the media day held at the Somhlolo National Stadium on Friday, 29<sup>th</sup> November 2019, in preparation for the upcoming 2019 COSAFA U20 Men's Championship to be played in Lusaka, Zambia starting from 4<sup>th</sup> -14<sup>th</sup> December 2019. Lushaba also highlighted that they are not afraid to compete international. "We have to work hard and try our best to reach the finals. We are prepared and we will come back home with the cup", he said.



U20 players doing one of their exercises during the training session.

The captain's words were echoed by Lizwe Zwane who showed confidence ahead of the upcoming championship in Lusaka, Zambia. He highlighted that they are ready to go and fight for the nation. "We have the experience as some of us play in the elite league. We also have support from our coaches", Zwane said. Over and above, he promised the nation that they will fight for the championship.

**EFA'S WOMEN DEVELOPMENT OFFICER ATTENDS WOMEN FOOTBALL ADMINISTRATORS' WORKSHOP**



EFA's Women Development Officer Ms Sibongile Skaggel during the Women Administrators' Course in Cairo, Egypt.

The Eswatini Football Association's (EFA's) Women Development Officer, Ms Sibongile Skaggel attended the Women Football Administrators' Workshop, which started on Tuesday, 26<sup>th</sup> and ended on Thursday, 28<sup>th</sup> November 2019 in Cairo, Egypt. The target audience for this workshop were full time women development officers who are permanently employed by the Football Associations. Amongst the topics that were discussed are; profile and role of the administrator, strategic planning and financial planning to mention but a few.

FOCUS ON EFA'S FOOTBALL DEVELOPMENT PROGRAMMES

**ESWATINI FOOTBALL ASSOCIATION ACKNOWLEDGES FIFA**

The Eswatini Football Association (EFA) has acknowledged the Federation of International Football Association (FIFA) for the perfectly implemented FIFA Football Medicine Course that took place at the Technical Centre in Lobamba on the 25<sup>th</sup>-26<sup>th</sup> November 2019. This was disclosed by the President of EFA Mr. Adam Mthethwa during the closing ceremony on Tuesday, 26<sup>th</sup> November 2019. "As football association we are very much honoured and privileged about the support that we get from FIFA in implementing such courses", Mthethwa said.



Mr Alexies Weber receiving a token of appreciation from the EFA's President Mr. Adam Mthethwa while Prof. Efraim B. Kramer looks on.

Furthermore, he acknowledged the participants for being part of this historic course as it was the first time for the football association to host a FIFA Medical Course. He also urged participants to continue working for football as they are key stakeholders of the game. "As football association we are happy about your commitment. Our responsibility is to train people and equip them with knowledge", he said. Over and above, he urged participants to go out there and look for teams that doesn't have qualified doctors like them, so that they can be attached and practice their knowledge.

When addressing the audience; on behalf of FIFA, the FIFA Instructor, Prof. Efraim B. Kramer thanked EFA for the support they have given

them and for being part of this course. "It is my pleasure to be here and it has been a great experience", Kramer said. He further urged the participants to practice the knowledge in the field of play. "I hope that you have learnt something and your skills are updated. We are here to support you, to help you, to advice you and to guide you", he added.

**LET'S SAVE PEOPLE'S LIVES AND MAKE A MARK-MR.WELCOME MOTSA**

"Let's go and make the change out there. Saves people's lives and make a mark", Motsa said. He spoke on behalf of the participants during the closing ceremony of the FIFA Football Medicine Course at the Technical Centre. He appreciated the commitment of his colleagues and gave them a challenge that it's not about the theory and about the class but they have to make a mark and save people's lives.



Mr. Welcome Motsa speaking on behalf of the participants during the closing ceremony of the FIFA Football Medicine Course.

Motsa further extends his gratitude to EFA for the perfectly implemented course. "Indeed we are honoured and privileged to be part of the history making within the country, in terms of having a first FIFA Football Medicine course in the country", he said. He also highlighted that they have realised how much change they needed within their scope of practice. "We are so proud of the leadership that we have in the the EFA. Indeed they are people oriented, making sure that they meet certain objectives and obligations", he added.

**EFA HOSTS THE 2019 U15 GIRLS LEAGUE**

The Eswatini Football Association (EFA) hosted the 2019 U15 Girls League on Saturday 16<sup>th</sup>, November 2019 at Usutu Forest Primary School. A total of eight (8) Primary Schools were competing on the day. The schools were; SOS Herman Gmeiner, Ezulwini Catholic, Elangeni, Entuthukweni, Kwaluseni Infant, Usutu Forest, Mhlambanyatsi and Lobamba National. The top three of this league were Lobamba National, Ezulwini Catholic and Elangeni. Lobamba got 10 points, Ezulwini got 9 points and Elangeni got 8 points. For their achievement; Lobamba got a trophy and medals whilst Ezulwini and Elangeni got medals. This was the end of round one and second round of this tournament will kick-off next year.



Some of the action during the 2019 U15 Girls League at Usutu Sports Ground.

The current top goal scorer of this league is Andiswa Khoza from Lobamba National who won herself a trophy. Mandisa Dlamini from Ezulwini Catholic was crowned the best goalkeeper and the best player was Setsabile Dlamini from Kwaluseni Infant who also won herself a trophy. The best coach was Mr. Ginindza from Lobamba National. When interviewed after the event Ginindza acknowledged the work done by EFA in developing the women football in the country. "I thank EFA for giving these youngsters such opportunity to showcase their football skills and for their commitment in developing the women football in the country", he said.



**FOCUS ON THE SECOND WINDOW PERIOD FOR REGISTRATION**

The second window period for registration will open on the 6<sup>th</sup> January and closes on the 31<sup>st</sup> January 2020. This registration will focus on transfers of players, loans and registration of players.

**TRANSFERS**

According to the EFA's Registration Officer Mr. Vusi Khoza transfers are the action taken whenever a player moves between clubs. It refers to the transferring of a player's registration from one club to another.

**TYPES OF TRANSFERS**

Khoza stated there are three types of transfers which are the domestic transfer (this is a transfer for players that are currently or previously registered at another club within the country), international transfer (this is a transfer for players to a country for the first time) and the international transfer return (this is a transfer for players returning to a country after having been transferred to another country).



One of the registration workshops at Sigwaca House.

**LOAN**

"In accordance with FIFA regulations, Loans are for Professional players only", Khoza said. He highlighted that a professional may be loaned to another club on the basis of a written agreement between him and the clubs concerned. Any such is subject to the same rules as apply to the transfer of players,

including the provisions on training compensation and the solidarity mechanism.

Khoza also highlighted that after a loan has been completed, the lending club must then renew the player to become active. "The player that has accepted a player on a loan basis is not entitled to transfer him to a third club without the written authorisation of the club that released the player on loan and the player concerned", he said. He further stated that when applying for the registration of a professional player on a loan basis, the new club shall upload a copy of the pertinent loan agreement concluded with the former club and possibly also signed by the player.



Phiwa Dlamini and Machawe Dlamini fighting for possession during the 2019 Eswatini Bank Cup Final.

**REGISTRATION**

Over and above, Khoza highlighted that a player must be registered at an association to play for a club as either a professional or an amateur in accordance with the provisions of article 2. Of the FIFA Statutes , "Only registered players are eligible to participate in organised football. By the act of registering, a player agrees to abide by the statutes and regulations of FIFA, the confederations and the associations", he said.

**CAF SAFETY AND SECURITY OFFICERS TRAINING WORKSHOP IN CAIRO, EGYPT**



EFA'S National Security Officer Colile Vilakati.

The Eswatini Football Association's (EFA'S) National Security Officer Ms. Colile Vilakati will attend the CAF Safety and Security Officers Training Workshop starting on the 3<sup>rd</sup> -5<sup>th</sup> December 2019 in Cairo, Egypt. This workshop will focus on safety and security in African Football, as this is one of the key components in the implementation of a football match. She is expected back home on Friday, 6<sup>th</sup> December 2019.

**EFA'S PHYSICAL FITNESS INSTRUCTOR TO ATTEND THE FIFA REFEREES' INSTRUCTORS PHYSICAL FITNESS COACHES COURSE**



EFA's Physical Fitness Instructor Mr. Dumsani Hadebe.

The Eswatini Football Association's (EFA's) Physical Fitness Instructor, Mr. Dumsani Hadebe will attend the FIFA Referees' Instructors Physical Fitness Coaches Course starting on Sunday, 1<sup>st</sup> and will end on Wednesday, 4<sup>th</sup> December 2019 in the Republic of South Africa. He is expected back home on Thursday, 5<sup>th</sup> December 2019.



PICTORIAL OF THE ESWATINI VS SENEGAL  
TOTAL AFCON QUALIFIER MATCH



Sihlangu posing for a group photo before the match against Senegal at the Mavuso Sports Centre.



Sifiso Matse fighting for possession during the 2021 Total AFCON Qualifier match against Senegal.



Sihlangu players stretching before the match against Senegal.



Senegal players posing for a group photo before the kick-off at the Mavuso Sports Centre.



Sandile 'Saviola' Gamedze being closed down by Kalidou Koulibaly.



The Senior Men's National Team Head Coach, Kostadin Pagic in full concentration during the match against Senegal at the Mavuso Sports Centre.



Wandile 'Skosh' Shabangu in possession of the ball.



Let's go: Fanelo 'Order' Mamba challenges a Senegalese player for pace.



Sihlangu fans watching the match between Eswatini and Senegal.



*Communities making the difference*